



# Friday Soup Day!

As the chilly days approach, the 3rd grade will be serving a delicious bowl of home-made “Kindergarden” soup with bread!

Soup Friday will begin **October 14th** and continue through **April 7th** (20 weeks total). Each hearty serving (approx. 1-1/2 c. of soup for regular portion, 2 1/4 c. for large) will be accompanied by shredded cheese and a slice of homemade bread (or roll) with butter. The tomato and lentil based vegetable soup itself will be completely **vegan and gluten free** and the majority of the ingredients are organic or local/ no spray. Gluten free rolls are also offered for an additional cost.

Please return the bottom portion of this form to Tracie Couch, along with your check payable to “SWS Class of 2022” no later than **Thursday, October 6th**.

Please contact Liz Pargament by email ([pargament@comcast.net](mailto:pargament@comcast.net)) with any questions.

**\*Each diner must provide his or her own bowl!\***

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## Friday Soup & Bread Day

Name \_\_\_\_\_ Grade \_\_\_\_\_ Regular/ Large (circle ONE)

Name \_\_\_\_\_ Grade \_\_\_\_\_ Regular/ Large (circle ONE)

Name \_\_\_\_\_ Grade \_\_\_\_\_ Regular/ Large (circle ONE)

Parent Contact Email: \_\_\_\_\_

\_\_\_\_\_ Full 20 weeks of Soup Friday (Oct. 14- April 7th) Regular \$70.00/ Large \$100.00

\_\_\_\_\_ **ONLY** for the first 12 weeks (Oct. 14-Jan. 27) Regular \$42.00/ Large \$60.00

\_\_\_\_\_ **ONLY** for the next 8 weeks (Feb. 3- Apr. 7) Regular \$28.00/ Large \$40.00

**GLUTEN FREE BREAD:** YES\* / NO

\*Please add \$0.50 per meal for a gluten free bread (e.g. 20 weeks \$80 for Reg., \$110 for Lg.)

*We are considering a Paleo (grainless) bread option. Please contact Liz Pargament if you would be interested in this.*

*Cost would be similar to to Gluten Free option.*